

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30am...Chair Yoga 12:30pm...Ladies' Bridge 12:30pm...Mah Jongg 6:45pm...Duplicate Bridge 3	9:00am...Senior Strength I 10:00am...Senior Strength II 1:00pm...Movie: <i>"The 100-Foot Journey"</i> 4	9:30am... Chair Yoga 10:00am...Knitting 10:00am...Line Dancing 12:30pm...Men's Bridge 1:15pm...Shopping 5	9:00am...Senior Strength I 10:00am...Senior Strength II 10:30am...Blood Pressure 1:00pm...Bingo 1:15pm...Shopping 6	9:00am...Benefit Rep 10:00am...Scrabble Club 1:00pm...Yoga 7
CLOSED for VICTORY DAY 10	9:00am...Senior Strength I 10:00am...Senior Strength II 10:00am...Current Events 1:00pm...Movie: "Nebraska" 11	9:30am...Chair Yoga 10:00am...Knitting 10:00am...Line Dancing 12:30pm...Men's Bridge 1:15pm...Shopping 12	9:00am...Senior Strength I 10:00am...Senior Strength II 10:30am...No Blood Pressure 1:00pm...Bingo 1:15pm...Shopping 13	9:00am...Benefit Rep 10:00am...Scrabble Club 1:00pm...Yoga 14
8:00am...Trip to Foxwoods 9:30am...Chair Yoga 12:30pm...Ladies' Bridge 12:30pm...Mah Jongg 1:00pm...Arm Chair Travel 6:30pm...Reading in the Kitchen 6:45pm...Duplicate Bridge 17	9:00am...Senior Strength I 10:00am...Senior Strength II 1:00pm...Movie: <i>"The Exotic Marigold Hotel"</i> 18	9:30am... Chair Yoga 10:00am...Knitting 10:00am...Line Dancing 12:30pm...Men's Bridge 1:15pm...Shopping 19	9:00am...Senior Strength I 10:00am...Senior Strength II 10:30am...Blood Pressure 1:00pm...Bingo 1:15pm...Shopping 20	9:00am...Benefit Rep 10:00am...Scrabble Club 1:00pm...Yoga 21
9:30am...Chair Yoga 12:30pm...Ladies' Bridge 12:30pm...Mah Jongg 2:30PM...Egret's Landing Café 6:45pm...Duplicate Bridge 24	9:00am...Senior Strength I 10:00am...Senior Strength II 10:00am...Current Events 1:00am...Movie: <i>"The Bucket List"</i> 25	9:30am... Chair Yoga 10:00am...Knitting 10:00am...Line Dancing 12:30pm...Men's Bridge 1:15pm...Shopping 26	9:00am...Senior Strength I 10:00am...Senior Strength II 10:30am... Blood Pressure 1:00pm...Bingo 1:15pm...Shopping 27	9:00am...Benefit Rep 10:00am...Scrabble Club 1:00pm...Yoga 28
9:30am...Chair Yoga 12:30pm...Ladies' Bridge 12:30pm...Mah Jongg 1:00pm...Semi-Annual Meeting 6:45pm...Duplicate Bridge 31	AUGUST 2015			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Soup Pot Roast with Gravy Red Bliss Mashed Potatoes RI Grown Zucchini Sliced Peaches <i>(Egg Salad on Wheat)</i>	4 Beef Vegetable Soup Italian Sausage on a Roll RI Grown Peppers & Onions Broccoli Butterscotch Pudding <i>(Chicken Sausage on Roll)</i>	5 Barley Soup Florentine Fish Rice Pilaf Baby Whole Carrots Mandarin Oranges <i>(Ham and Swiss on Marble)</i>	6 Turkey and Rice Soup Meat Lasagna Mixed Vegetables Garlic Bread Chocolate Chip Cookie <i>(Italian Grinder)</i>	7 Red Chowder Chicken over Tossed Salad Sports Bar Wheat Bread <i>(Tuna on Wheat with Salad)</i>
10 CLOSED <i>for</i> VICTORY DAY	11 Cream of Tomato Soup Hawaiian Chicken Sweet Potatoes California Blend Vegetables Vanilla Pudding <i>(Ham and Cheese on Bulky)</i>	12 Lentil Soup Swedish Meatballs Buttered Noodles Green Beans Fresh Fruit <i>(Shrimp Salad on Rye)</i>	13 <u>Brunch</u> Orange Juice Omelet with Tomato Slice Baked Beans Fruited Yogurt	14 Vegetable Soup Tuna Salad Summer Tortellini Salad Diced Beets & Onions Angel Food Cake <i>(Corned Beef on Croissant)</i>
17 Split Pea Soup Baked Ham Sweet Potatoes Winter Blend Vegetables Lemon Pudding <i>(Italian Tuna on Rye)</i>	18 Turkey Noodle Soup Sliced BBQ Beef Wild Rice Mixed Vegetables Lorna Doone Cookies <i>(Tomato & Mozzarella on White)</i>	19 Venus DiMilo Soup Italian Style Chicken Cutlet Pesto Rigatoni Italian Blend Vegetables Ice Cream <i>(Salami & Provolone on Roll)</i>	20 Chicken Soup with Barley Unbreaded Veal with Gravy Garlic Mashed Potatoes Seasoned Sliced Carrots Frosted Cupcake Wheat Bread <i>(Chicken Salad on Wheat)</i>	21 Lemonade Hamburger on Bun Corn on the Cob Cole Slaw Watermelon <i>(Hot Dog on Roll)</i>
24 Pasta & Bean Soup Airline Chicken O'Brien Potatoes Capri Blend Vegetables Tapioca Pudding <i>(Roast Beef on Rye)</i>	25 Onion Soup Seafood Salad on Bulky Lemon & Garlic Potato Salad Tomato & Onion Salad Sliced Pears <i>(Turkey & Cheese on Bulky)</i>	26 Chicken Escarole Soup Antipasto Salad (Assorted Meats & Cheeses) Garlic Bread Brownie <i>(Egg Salad on White & Salad)</i>	27 Cranberry Juice Beef Stew Biscuit Broccoli Crowns Spumoni <i>(Turkey Salad on Marble)</i>	28 White Chowder Country Crisp Fish Mashed Potatoes Carrot Slaw Fresh Fruit <i>(Pastrami & Swiss on Rye)</i>
31 Beef Noodle Soup Chicken Marsala Baked Potato Asparagus Jell-O <i>(Tuna Salad on a Roll)</i>	<i>Funded in Part by the US Administration on Aging and the Rhode Island Division of Elderly Affairs</i>	<h1>AUGUST 2015</h1>		